

Massage Menu

RELAXATION MASSAGE

This classic, light to medium pressure massage is designed to help your body and mind unwind using varied strokes to increase circulation and melt stress away.

60 minutes - \$90

90 minutes - \$115

THERAPEUTIC MASSAGE

A focused and individualized massage that can be either full body or targeting specific areas using a medium to deep pressure. Therapy can be geared more aggressively or subtler to the average spa-goer looking for some pain relief along with relaxation.

60 minutes - \$100

90 minutes - \$125

SHELL SIGNATURE MASSAGE

Indulge in this deeply relaxing full body massage that will nourish your body and soul. Enjoy a complimentary heated stone foot treatment to further enhance your experience.

90 minutes - \$125

120 minutes - \$150

PRENATAL MASSAGE

A massage designed to focus on the needs of the expectant mother and help better adjust to the changes due to pregnancy.

75 minutes - \$110

MASSAGE CUPPING THERAPY

Massage cupping is a modern form of an ancient technique.

This deeply therapeutic treatment combines manual massage with the cups to soften tight muscles, lift and release connective tissue and increase circulation.

90 minutes - \$145

NECK, SHOULDER & BACK MASSAGE

Targets specific areas of the body to help you relax away discomfort where you need it the most.

35 minutes - \$65

MASSAGE ADD-ON SERVICES

Scalp Treatment - 15 minutes \$15

Foot Scrub - 20 minutes \$20